

# CLASSROOM GUIDANCE CONNECTION

Hello W.E. Families!

I missed getting this into the WE weekly email so we are back to a hard copy for February and March. It is also posted online! This newsletter highlights our classroom guidance topics & materials for the month of February starting February 4<sup>th</sup>. Please see other side for March lessons.

A classroom's guidance lessons may be adjusted due to special events. If you have any questions or would like to discuss something further, please email me at [nelliott@mvcasd.org](mailto:nelliott@mvcasd.org) or call me at (319)895-6251 extension 2011.

Week	Kindergarten
1	Identifying size of problem and our reactions. Read: <i>Berenstain Bears and the Trouble with Friends</i>
2	<i>Howard B. Wigglebottom Learns We Can All Get Along</i> & apology practice
3	Focus on personal safety rules, Read: <i>Bubble Wrap Queen</i> by Julia Cook
4	<i>The Family Book</i> by Todd Parr
Week	1 <sup>st</sup> Grade
1	Tattling vs Emergencies, Read: <i>Don't Squeal Unless It's a Big Deal</i> by Jeanie Ransom
2	<i>Sorry I forgot to Ask</i> by Julia Cook, Discussion on what to ask permission for
3	Skill practice: How to say sorry and practicing apologies
4	<i>The Great Big Book of Families</i> by Mary Hoffman & <i>And Tango Makes Three</i> by Justin Richardson and Peter Parnell
Week	2 <sup>nd</sup> Grade
1	Ophelia Project: Let's Be Friends
2	Ophelia Project: Using I messages
3	Ophelia Project: Make a Difference
4	<i>Stellaluna</i> by Janell Cannon
Week	3 <sup>rd</sup> Grade
1	Self Esteem, read: <i>Too Perfect</i> by Trudy Ludwig
2	Defining conflict and identifying ways to manage it.
3	Win-Win Solutions to conflict
4	<i>A Family Is A Family Is A Family</i> by Sara O'Leary
Week	4 <sup>th</sup> Grade
1	Ophelia Project Lesson 4, Tug of war activity
2	Ophelia Project Lesson 4 cont., Role playing how to deal with conflict.
3	Ophelia Project Lesson 5, What's really going on?
4	<i>Families</i> by Susan Kunklin, Circle of Caring Community Activity

**MVCSD Opt Out Policy:** Mt. Vernon is an opt out district. If you would like to have your child removed from a lesson, please contact Nicole Elliott or Kate Stanton.

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This newsletter highlights our classroom guidance topics & materials for the month of March starting March 4<sup>th</sup>.

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Week	Kindergarten
1	<i>It's Okay to be Different</i> by Todd Parr
2	<i>Princess Boy</i> by Cheryl Kilodavis
3	SPRING BREAK
4	<i>Red: A Crayon's Story</i> by Michael Hall
Week	1 <sup>st</sup> Grade
1	<i>Jacob's New Dress</i> by Sarah and Ian Hoffman
2	<i>I Like Myself</i> by Karen Beaumont
3	SPRING BREAK
4	<i>The Big Orange Splot</i> by Daniel Pinkwater
Week	2 <sup>nd</sup> Grade
1	<i>Those Shoes</i> by Maribeth Boelts
2	<i>My Brother Charlie</i> by Holly Robinson Peete and Ryan Elizabeth Peete
3	SPRING BREAK
4	<i>Emanuel's Dream</i> by Laurie Ann Thompson and Sean Qualls
Week	3 <sup>rd</sup> Grade
1	<i>The Girl Who Thought In Pictures: The Story of Dr. Temple Grandin</i> by Julia Finley Mosca
2	<i>Amazing Grace</i> by Mary Hoffman
3	SPRING BREAK
4	MBTI Personality Codes: No formal assessments will be one, discussion and activities related around MBTI Codes. For more information on codes go to <a href="http://www.myersbriggs.org/my-mbti-personality-type/mbti-basics/">http://www.myersbriggs.org/my-mbti-personality-type/mbti-basics/</a>
Week	4 <sup>th</sup> Grade
1	<i>Looking Like Me</i> by Walter Myers, "I am" Poems
2	Hot Potatoes and Bad Apples Activity, a conversation about gender stereotypes
3	SPRING BREAK
4	Holland Personality Codes To find out more on Holland Codes go to <a href="https://www.careerkey.org/choose-a-career/holland-personality-types.html#.WFm8rLYrLq0">https://www.careerkey.org/choose-a-career/holland-personality-types.html#.WFm8rLYrLq0</a>

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All the best,

Nicole Elliott  
School Counselor, Washington Elementary