



Youth in crisis? CALL J-FAST!

Are you considering hospitalization or committal for a child (ages 5-17) due to mental health or substance abuse concerns? Are you unsure whether to call the police, hospital, or DHS? **Call J-FAST! (319) 362-2174**

IMMEDIATE CRISIS RESPONSE

- Call our 24/7 Crisis Line **(319) 362-2174**
- Foundation 2's Mobile Crisis Outreach team will respond to your **Linn County** home or school within 1 hour

ASSESSMENT (within 24 hours)

- For Linn County youth at risk of hospitalization or committal
- Mental Health Assessment Partners:
 - St. Luke's Counseling Center
 - Abbe Center/Abbe Oaks
 - Tanager Place
 - Horizons, A Family Service Alliance
- Substance Abuse Assessment Partners:
 - St. Luke's Chemical Dependency
 - Area Substance Abuse Council

If you are concerned about a youth in crisis, we can meet with you to discuss options. Issues we can help with include: **depression, self harm, violent behavior, substance abuse and thoughts of suicide.**

CASE MANAGEMENT

- Coordination of services
- Help connecting with local resources
- Assistance to prevent psychiatric hospitalization or out-of-home placement

REFERRALS TO OTHER SERVICES

- Individual Counseling
- Family Therapy
- Psychiatric / Behavioral Medicine
- Parenting Support Groups
- Long-term case management
- Linn County Kids Wraparound Fund
- CWES: Child Welfare Emergency Services
- Behavioral Health Intervention Services
- Day Treatment & After-School Programs
- Pediatric Integrated Health Program

For more information, call Foundation 2: (319) 362-2174

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